**I’m No Good**

Choreographed by Rachael McEnaney (UK) (February 2011)

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**Description:** 64 Counts, 2 Walls, Intermediate line dance

**Music:** “I’m No Good (For Ya Baby)” – Laura Bell Bundy (Album: Achin’ & Shakin’) (available on itunes and all major mp3 websites) – approx 120bpm

**Count In:** 32 counts from start of track – dance begins on vocals

**Notes:** 3 Tags – end of 1st, 2nd and 3rd wall – 4x ¼ pivot turns

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**Section** | **Footwork** | **End Facing**
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1 - 8 | Walk RL, R fwd rock, R coaster step, step L, ½ pivot turn R – weight ends R | 12.00
1 2 3 4 | Walk forward on right (1), walk forward on left (2), rock forward on right (3), recover weight onto left (4) | 12.00
5 & 6 7 8 | Step back on right (5), step left next to right (6), step forward on left (7), pivot ½ turn right (8) | 6.00
1 2 3 4 | Walk forward on left (1), walk forward on right (2), rock forward on left (3), recover weight onto right (4) | 6.00
5 & 6 7 8 | Step back on left (5), step right next to left (6), step forward on left (7), pivot ¼ turn left (8) | 3.00
1 2 3 4 | Cross right over left (1), step left to left side (2), cross right behind left (3), make ¼ turn left stepping forward on L (4) | 12.00
5 6 7 8 | Rock forward on right (5), recover weight onto left (6), make ½ turn right stepping forward on right (7), make ¼ turn right stepping left to left side (8) | 9.00
25 - 32 | Cross L behind, side L, R crossing shuffle, L side rock, L crossing shuffle – weight ends L | 9.00
1 2 3 4 & | Cross right behind left (1), step left to left side (2), cross right over left (3), step left next to right (6), cross right over left (4) | 9.00
5 6 7 8 | Rock left to left side (5), recover weight onto left (6), cross right over left (7), step right next to left (8), cross left over right (8) | 9.00
33 - 40 | R kick ball cross, side R, touch L, L kick ball cross, side L, touch R – weight ends L | 9.00
1 & 2 | Kick right to right diagonal (1), step in place with right (2), cross left over right (2) | 9.00
3 - 4 | Take big step to right side (3), touch left next to right (4) | 9.00
5 & 6 | Kick left to left diagonal (5), step in place with left (&), cross right over left (6) | 9.00
7 - 8 | Take big step to left side (7), touch right next to left (8) | 9.00
41 - 48 | 2 R heel touches, 2 L heel touches, R heel, L heel, rock fwd R, - weight ends L | 9.00
1 2 3 4 | Touch right heel forward (1), touch right heel forward (2), step right next to left (6), touch left heel forward (4) | 9.00
& 5 6 7 8 | Step left next to right (5), step right next to left (6), make ¼ turn left (7), recover weight onto left (8) | 9.00
49 - 56 | R back shuffle, L back rock, ½ turn R doing L shuffle, ¼ turn R doing R chasse – weight ends R | 9.00
1 2 3 4 | Step back on right (1), step left next to right (2), rock back on left (3), recover weight right (4) | 9.00
5 & 6 | Make ¼ turn right stepping left to left side (5), step right next to left (6), make ¼ turn right stepping back on left (7) (1/2 shuffle) | 3.00
7 & 8 | Make ¼ turn right stepping right to right side (7), step left next to right (8), step right to right side (1/4 chasse) | 6.00
57 - 64 | L jazz box cross, L chasse, R back rock | 6.00
1 2 3 4 | Cross left over right (1), step back on right (2), step left to left side (3), cross right over right (4) | 6.00
5 & 6 7 8 | Step left to left side (5), step right next to left (6), step left to left side (6), rock back on right (7), recover weight onto left (8) | 6.00
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**TAG:** At the end of the 1st wall (facing 6.00), 2nd wall (facing 12.00), and 3rd wall (facing 6.00) add following tag:

1 2 3 4 | Step forward on right (1), pivot ¼ turn left (2), step forward on right (3), pivot ¼ turn left (4) | 6.00
5 6 7 8 | Step forward on right (5), pivot ¼ turn left (6), step forward on right (7), pivot ¼ turn left (8) | 6.00

START AGAIN, HAVE FUN! ☺️